

**Table II. HHS Recommended ART Regimens for Treatment-Naïve Adults and Adolescents**

Adapted from: <http://aidsinfo.nih.gov/contentfiles/lvguidelines/adultandadolescentgl.pdf>

**A. Regimens recommended regardless of baseline HIV RNA (viral load) or CD4 count**

Regimen Type	Antiretroviral Combination	Number of Pills Per Day	Comments from the Guidelines Table
NNRTI + 2 NRTI's	Efavirenz/tenofovir/emtricitabine	Single tablet daily	
INSTI + 2 NRTI's	Raltegravir + tenofovir/emtricitabine	Raltegravir is one tablet twice daily; TDF/FTC is one tablet daily	
	Elvitegravir/cobicistat/tenofovir/emtricitabine	Single tablet daily	Only for patients whose pre-ART CrCl is >70 mL/min
	Dolutegravir + tenofovir/emtricitabine	Two tablets once daily	
	Dolutegravir/abacavir/lamivudine	Single tablet daily	Only for patients who are HLA-B*5701 negative
Boosted PI + 2 NRTI's	Atazanavir/ritonavir + tenofovir/emtricitabine	Three pills once daily	
	Darunavir/ritonavir + tenofovir/emtricitabine	Three pills once daily	

**B. Regimens recommended only if baseline HIV RNA (viral load) <100,000 copies/mL**

Regimen Type	Antiretroviral Combination	Number of Pills	Comments from the Guidelines Table
NNRTI + 2 NRTI's	Rilpivirine/tenofovir/emtricitabine	Single tablet daily	Only for patients with CD4 count >200 cells/mL
INSTI + 2 NRTI's	Raltegravir + abacavir/lamivudine	Two tablets once daily	Only for patients who are HLA-B*5701 negative
Boosted PI + 2 NRTI's	Atazanavir/ritonavir + abacavir/lamivudine	Three pills once daily	Only for patients who are HLA-B*5701 negative